



University
of Stavanger

Brief CV

Dr. Shafer A. I. Shalfawi **PhD, CSCS, *D, RSCC**

Ph.D. in Sport Science and performance from the Norwegian School of Sport Sciences, currently Associate professor at the University of Stavanger/Department of Education and Sports Science.

Prior to current position:

- Researcher and scientific assistant at the Norwegian School of Sport Sciences (Oslo, Norway).
- Lecturer at the Prince Sultan University in Saudi Arabia.
- Researcher and scientific assistant at the Norwegian Olympic committee and federation of sports (Oslo, Norway).
- Ph.D. candidate at the Norwegian School of Sport Sciences, Department of Physical Performance (Oslo, Norway).

Education:

- Doctoral degree (Ph.D.) in physical performance – Norwegian School of sports sciences, Oslo, Norway.
- Master's degree in coaching & sports psychology - Norwegian School of sports sciences, Oslo, Norway.
- Intermediate subject in sport coaching - Norwegian School of sports sciences, Oslo, Norway.
- Bachelor's Degree (B.A.) in Physical Education - University of Jordan.

Certificates and awards:

- Certified Strength and Conditioning Specialist with distinction (CSCS, *D), USA.
- Registered strength and conditioning coach (RSCC), USA.
- Young investigator award, 2017, University of Stavanger.

Research areas:

- Physical performance of high-performance athletes.
- Validation of test methods and equipment.
- Interpretation of quantitative data.
- Athlete capacity profiling, sport's metabolic and physical work demands.
- Public health (Women's health).